los alamitos holistic medical center

VIRAL ILLNESS/COVID SCREENING QUESTIONNAIRE

PATIENT NAME_____ DATE:_____

Height:_____ Weight:_____ Age:_____ BP:_____ Pulse:_____RR: _____ O2%____

❑ ❑ 1. Have you had a fever >101, or felt feverish lately?

❑ ❑ 2. Have you had a new or different type cough lately?

❑ ❑ 3. Have you had shortness of breath, difficulty breathing?

❑ ❑ 4. Any chills or repeated episodes of shaking with chills?

❑ ❑ 5. Any daytime sweats unrelated to exercise, or night sweats?

❑ ❑ 6. Any nausea, GI upset, vomiting or diarrhea?

❑ ❑ 7. Have you had recent loss of taste or smell?

❑ ❑ 8. Do you have new or different muscle/joint aches?

❑ ❑ 9. Have you felt loss of energy, or severe fatigue lately?

❑ ❑ 10. Have you had trouble with focus, memory or concentration?

❑ ❑ 11. Have you had any other flu-like symptoms?

❑ ❑ 12. Have you lost appetite and or lost weight?

❑ ❑ 13. Any travel to COVID-19 areas in last 14 days?

❑ ❑ 14. Any contact within last 14 days with someone who tested positive for COVID-19? If so, when? _____

❑ ❑ 15. Have you tested positive for COVID-19? When_____

❑ ❑ 16. Have you been clinically diagnosed with COVID-19?

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RISK FACTORS CHECKLIST: DO YOU HAVE ANY OF THESE CONDITIONS?

❑ ❑ Obesity, Heart disease, history of heart attack, arrhythmias, high blood pressure, TIA, or stroke? (Circle any that apply)

❑ ❑ lung disease? (COPD, asthma, pulmonary fibrosis, CF, other?)

❑ ❑ Kidney disease? Type:_____

❑ ❑ Diabetes, Metabolic Syndrome/Insulin Resistance?
Are you taking insulin? Yes:_____ No:_____

❑ ❑ Any kind of cancer, undergoing treatment?

❑ ❑ Any type of autoimmune disease?

❑ ❑ Do you regularly take corticosteroid medicines?

COVID TREATMENT FLOW SHEET INITIAL SERVICE

	DAY	1	3	5	7	COMMENTS
1	Fever or chills . 100^{o} F or higher.					
2	Cough					
3	Shortness of breath					
4	Fatigue					
5	Muscle or body aches					
6	Headache					
7	New loss of taste or smell					
8	Sore throat					
9	Congestion or runny nose					
10	Nausea or vomiting					
11	Diarrhea					
12	Pulse rate					
13	Side effects					